NUTRITION & FOOD SCIENCE (WELLNESS)

Purpose:

Students are given the opportunity to demonstrate knowledge, skills and talents learned in the area of a career/technology education class. Through the completion of individual projects, students will demonstrate technological literacy. These activity-based assignments better prepare students to become productive members of the industrial and technological community or to enter a post-secondary institution after graduation.

Description:

The contest is for entries that may be designed, produced or constructed by intervention program students as an outgrowth of career related interest in the professional services field.

Examples:

Project ideas include, but are not limited to, the following areas:

Diet and exercise programs
Wellness programs
Food projects
Dietary planning for special populations

Rules And Procedures:

1. A CTI competitive event portfolio, display board and project which meet all guidelines laid out in the Nutrition and Wellness rubric.
2. Maximum Project size requirement is 4'L x 4'W x 8'H.
3. Each contestant will be interviewed and career objectives of the contestant will be stressed along with employability/soft skills in the oral interview.
4. The student/coordinator is responsible for project set-up prior to competition and removal of his/her project at the conclusion of the contest.
5. The project must be the original work of the student.
   a. **Appendix E student project authenticity verification form-- MUST be included as the last page in the CTI competitive event portfolio or the student will be disqualified.**

Suggested Questions for the Judges:

1. Does a theme run through the entire presentation?
2. Does the project follow the Nutritional & Wellness appropriate curriculum?
3. Is the project neat and appealing to the eye?
4. Why was the idea of interest to you?
5. How does the project relate to your career path?
6. How much time was involved in preparing your project?
7. Would there be anything you would do differently if you had to create this project again?